

## **SANTEE SENIORS 55+**

### OCTOBER

**DESIGNED FOR ADULTS OVER 55 GET INVOLVED ~ STAY CONNECTED ~ BE ACTIVE** 

SANTEEREC.COM (619) 258-4100 EXT. 222



Tue	WED	Тни
4	5 First Wednesday Murder on Trains City Hall- Building 8P 10601 Magnolia Ave 10:00am	6 Fitness Walk Mast Park 9125 Carlton Hills Boulevard 9:00am
11	12 Bunco w/Suzanne City Hall- Building 8P 10601 Magnolia Ave 10:00am	13 Fitness Walk- East Walker Preserve Trail/Lakeside Ballfields— 9:00am 10030 Marathon
18 Old Town Whaley House Tour *More info below	19 Mast Park Brunch Potluck 9125 Carlton Hills Boulevard 10:00am	20
25	26 21st Annual Senior Health Fair 9am-12pm *More info on the reverse side of this calendar	27 Fitness Walk Santee Lakes Meet at Lake 5 Store 9310 Fanita Parkway 9:00am



## FIRST WEDNESDAY

#### MURDER ON TRAINS

WEDNESDAY. OCTOBER 5 10:00AM

JOIN US AS WRITER AND HISTORIAN KIMBERLY KEELINE PRESENTS A LITERARY EXAMINATION OF MURDER ON TRAINS. SPONSORED BY THE SANTEE LIBRARY.

### SAVE THE DATE! SENIOR HOLIDAY LUNCHEON

FRIDAY, DECEMBER 16 11:00AM-1:30PM **REGISTRATION BEGINS ON 10/5** 

### SHARP MOVES IN SANTEE RETURNS!

THIS FREE EXERCISE CLASS IS SPONSORED BY SHARP GROSSMONT HOSPITAL AND IS FOR SENIORS 55+ AND THEIR FAMILY MEMBERS. NO REGISTRATION IS REQUIRED, JUST COME READY TO MOVE!

LOCATION/DATES: 1 ST WEDNESDAY OF THE MONTH 10/5@ WOODGLEN VISTA PARK 11/2 AND 12/7 WILL BE @ TOWN CENTER COMMUNITY PARK EAST Тіме: 3:00-4:00рм BRING: A CHAIR, IF NEEDED FOR BALANCE FOR QUESTIONS, PLEASE CALL 619-258-4100 x222



# **OLD TOWN WHALEY HOUSE TOUR**

#### **TUESDAY, OCTOBER 18**

WE WILL BE TAKING THE TROLLEY DOWN TO OLD TOWN FOR A TOUR OF THE Whaley House, where we will learn all about its illustrious past. THERE WILL ALSO BE TIME TO ENJOY LUNCH AND EXPLORE THE OTHER FASCINATING THINGS THAT OLD TOWN HAS TO OFFER.

FEE: \$15 RESIDENT/\$20 NON-RESIDENT DEPARTURE TIME: 9:00AM AT SANTEE TROLLEY SQUARE **RETURN TIME: APPROXIMATELY 3:30PM** INCLUDES: DAY TOUR OF WHALEY HOUSE BRING: MONEY FOR TROLLEY, LUNCH, SNACKS & SHOPPING SPACE IS LIMITED, SO REGISTER TODAY!